Refer to transition map

Legend
- Race start (athlete 1) 250m (1 lap)
- Race finish
- Swim leg (athlete 1) 250m (1 lap)
- Swim leg (athlete 2, 3, 4) 250m (1 lap)
- Bike leg – 7km (2 laps)
- Bike turn
- Run leg – 1.5km (1 lap)
- Run turn
- Left turn buoy
- Right turn buoy
- Coaches area
- Wheel station (neutral)
- Transition
- Aid station

Map Number: GOLDOC145.2

Swim Leg

Left Turn Buoy 1 (65m)
Left Turn Buoy 2 (130m)
Left Turn Buoy 3
Left Turn Buoy 4
Left Turn Buoy 5 (175m)
Right Turn Buoy 6 (215m)
Right Turn Buoy 7

Elevation Profile (1 Lap)
Bike leg
Run leg

Race start (athlete 1)
Race finish
Bike turn
Run turn
Next lap/finish
Transition
Wheel station (neutral)
Aid station
Coaches area
Map Number: GOLDOC145.2